



your health

# encourage and inspire others by sharing your story

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human energy. yours.™



## Ready to tell your story?

Sharing a story about your health challenges can empower you as well as provide encouragement and support to others with similar experiences.

## Your story may take several forms

- Podcast
- Poster
- Article
- Presentation
- Magazine Feature
- Video

## Getting started

- Email [wellness@chevron.com](mailto:wellness@chevron.com)
- Include your name and the best way to contact you
- Give a short synopsis of your story
- We'll contact you about the next steps

## The fine print

- We'll need your permission to tell your story
- We may ask you to sign a [model release](#) (all locations) or [HIPAA form](#) (U.S. only)
- Not all stories are used and every story may be edited for length and content