

I need help caring for my young child

resources for U.S.-payroll employees

[Bright Horizons back-up or emergency child care](#) is available up to age 12 in Houston and the Bay Area of California.

Have your day care costs changed? [Update your day care flexible spending account.](#)



[Chevron Care Spot](#) is an internal peer-to-peer online space to connect you with other Chevron families who have similar caregiving needs. Create or join a “pod” or submit a care request to locate help for tutoring, eldercare, errands and more.

family supports

Through Chevron’s partnership with Bright Horizons, the new **Family Supports** resources can help you find:

nannies and sitters

Access to a free, premium Sittercity account, including background checks.

nanny search support

High-touch local support to find a vetted full-time nanny, with substantial savings.

full-time child-care

Access priority enrollment with a Bright Horizons center *or* get tuition discounts with a high-quality partner center.

[access family supports >](#)



The [Rethink program](#) offers 24/7 access to tools and resources to help you understand, teach and better communicate with your child.



Join the [Worklife WorkPlace](#) and [Parent’s WorkPlace](#) groups for online peer support and ideas.

If you are struggling to balance work and home requirements, don’t struggle alone. contact your supervisor and [HR business partner](#).