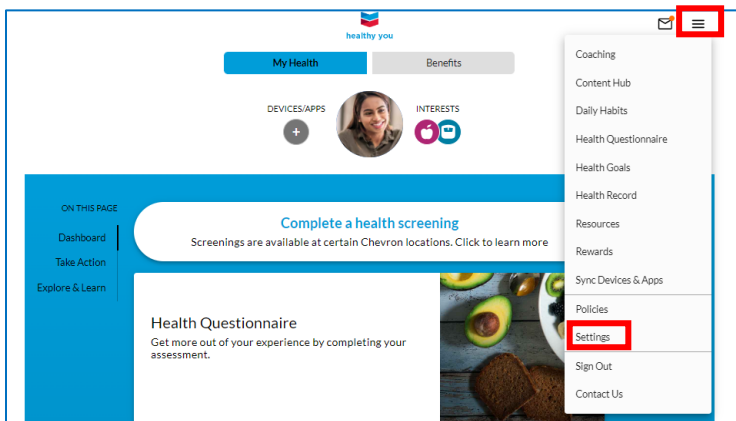**WebMD**
HealthServices

How to auto-populate your
onsite biometric screening numbers into your account

Your onsite biometric screening data can be *automatically* populated into your WebMD Heath Questionnaire (HQ) and Personal Health Record (PHR). You might want to choose this option to automatically apply any associated points toward health rewards to your account. **If you want to opt in to this feature, you must agree to the data import within settings on your WebMD account.*** Opting in is voluntary; it's your choice whether to record your biometric numbers in your WebMD account. If you don't opt in, you can still manually enter your numbers in your WebMD account later, if desired.

*If you followed these steps last year, you do not need to repeat them; your data will automatically populate after your event this year.

1. Log in to your WebMD account at **hr2.chevron.com/webMD**
2. Click on the **three lines** in the upper right corner and find **settings**:

3. From the **General** tab, check the box for **Yes, I would like to update my WebMD Health Record with my personal health information** …. Finally, click the **Save** button.

> **If at any point you no longer wish for your screening data to automatically update your WebMD account, follow these instructions again and uncheck this box. Any data that was *already* imported must be deleted manually from within your Personal Health Record (PHR) on your WebMD account.**