



# work life benefits

## overview

### Work life balance

Chevron's work life benefits include resources to help you find the right balance of work and home so you can focus on your goals and what matters most.

#### Employee assistance

Employee Assistance and WorkLife Services (EAP-WL) provides free **psychological consultative services**, confidential assistance to **navigate and resolve organizational, personal, family and work-related concerns**, and programs that **optimize mental health and well-being** for managers and individuals.

#### Family support

##### Planning

- **Fertility** services included in medical plan benefits.
- **Surrogacy** reimbursement.
- **Adoption** reimbursement.

##### Raising children

- **Lactation** and **nursing** support.
- **Rethink** for children with learning, social and behavioral challenges, or development disabilities.
- Child care resources, including on-site facilities in some locations and access to **SitterCity** to find and screen caregivers.
- **Dependent care flexible spending account** to save and pay for eligible dependent day care expenses with before-tax dollars.

##### Elder care

- Access to **SitterCity** to find and screen caregivers, including elder care professionals.

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