Chevron Mental Health & Substance Use Disorder Plan: Global Choice (Expatriates in the U.S.) Participants (120)

Coverage for: You Only | You and One Adult | You and Child(ren) | You and Family | Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://example.com/hr2.chevron.com/">hr2.chevron.com/</a> or contact the Chevron Human Resources Service Center at 1-888-825-5247 (1-832-854-5800 outside the U.S.). For other questions call Carelon Behavioral Health at 1-800-847-2438 or Chevron EAP-WorkLife Services at 1-800-860-8205. For general definitions of common terms, such as <a href="https://example.com/allowed-amount">allowed amount</a>, <a href="https://example.com/allowed-amount">behavioral Health at 1-800-860-8205</a>. For general definitions of common terms, such as <a href="https://example.com/allowed-amount">allowed amount</a>, <a href="https://example.com/allowed-amount">behavioral Health at 1-800-860-8205</a>. For general definitions of common terms, such as <a href="https://example.com/allowed-amount">allowed amount</a>, <a href="https://example.com/allowed-amount">behavioral Health at 1-800-860-8205</a>. For general definitions of common terms, such as <a href="https://example.com/allowed-amount">allowed amount</a>, <a href="https://example.com/allowed-amount">behavioral Health at 1-800-860-8205</a>. For general definitions of common terms, such as <a href="https://example.com/allowed-amount">allowed amount</a>, <a href="https://example.com/allowed-amount">behavioral Health at 1-800-860-8205</a>. For general definitions of common terms, such as <a href="https://example.com/allowed-amount">allowed amount</a>, <a href="https://example.com/allowed-amount-allowed-amount-amount-allowed-amount-amou

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0.	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes. All mental health and substance use disorder services.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$2,000 You Only \$4,000 You + One Adult \$4,000 You + Child(ren) \$6,000 You + Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover; your share of costs and expenses that aren't deemed medically necessary under the plan; penalties for failure to provide required notification to the plan for services; charges in excess of contracted fees for network providers; charges resulting from failure to meet this plan's notification requirements.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022)

(HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.achievesolutions.net/chevron">www.achievesolutions.net/chevron</a> or call 1-800-847-2438 for a list of <a href="https://network.net/chevron">network</a> <a href="https://providers.net/chevron">providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider might</u> use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider before</u> you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	U.S. Network or Non-U.S. Provider (You will pay the least)	Out-of-Network U.S. Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	No charge	30% coinsurance (based on billed charges) per visit	If you receive services in addition to an office visit, an additional copayment may apply. Services are limited to covered treatment of a mental health or substance use disorder condition.  Check with your Chevron Global Choice Plan (Expatriates in the US) Plan for preventive services.	
If you visit a health care provider's office or clinic	Specialist visit	No charge	30% coinsurance (based on billed charges) per visit		
	Preventive care/screening/ Immunization	Not covered	Not covered		
If you have a test	Diagnostic test (x-ray, blood work)	Not covered	Not covered	Check with your Chevron Global Choice Plan (Expatriates in the US) for other	
	Imaging (CT/PET scans, MRIs)	Not covered	Not covered	medical diagnostic care services.	
If you need drugs to			Not covered	Prescription drugs are covered only if	
treat your illness or condition  More information about	Preferred brand drugs	Not covered	Not covered	provided specifically as part of hospital inpatient or residential treatment center care. Check with your Chevron Global	
prescription drug	Non-preferred brand drugs	Not covered	Not covered	Choice Plan (Expatriates in the US) for	

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<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>hr2.chevron.com</u> or call 1-888-825-5247 for a copy.

		What You Will Pay			
Common Medical Event	Services You May Need	U.S. Network or Non-U.S. Provider (You will pay the least)	Out-of-Network U.S. Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
<b>coverage</b> is available at <u>hr2.chevron.com</u> .	Specialty drugs	Not covered	Not covered	outpatient prescription drug coverage.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Not covered	Not covered	Check with your Chevron Global Choice Plan (Expatriates in the US) for outpatient surgery services.	
surgery	Physician/surgeon fees	Not covered	Not covered	Check with your Chevron Global Choice Plan (Expatriates in the US) for physician/surgeon services.	
	Emergency room care	No charge	No charge	Services are limited to covered treatment of	
If you need immediate medical attention	Emergency medical transportation	No charge	No charge	a mental health or substance use disorder condition. Check with your Chevron Global Choice Plan (Expatriates in the US) for	
	Urgent care	No charge	30% coinsurance (based on billed charges) per visit	medical services not related to treatment of a mental health or substance use disorder condition.	
If you have a hospital stay	Facility fee (e.g., hospital room)	Inpatient mental health and substance use disorder services:	30% coinsurance (based on billed	Services are limited to covered treatment of a mental health or substance use disorder condition. Check with your Chevron Global Choice Plan (Expatriates in the US) for	
	Physician/surgeon fees	No charge	charges) per admission	medical services not related to treatment of a mental health or substance use disorder condition.	

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		What You Will Pay			
Common Medical Event	Services You May Need	U.S. Network or Non-U.S. Provider (You will pay the least)	Out-of-Network U.S. Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need mental	Outpatient services	Mental health and substance use disorder services:  No charge	30% coinsurance (based on billed charges)	All services must meet medical necessity.	
health, behavioral health, or substance use disorder services	Inpatient services	Mental health and substance use disorder services:  No charge	30% coinsurance (based on billed charges)	All services must meet medical necessity.	
	Office visits	Not covered	Not covered		
If you are pregnant	Childbirth/delivery professional services	Not covered	Not covered	Check with your Chevron Global Choice Plan (Expatriates in the US) for coverage	
	Childbirth/delivery facility services	Not covered	Not covered	information.	
	Home health care	Not covered	Not covered		
If you need help	Rehabilitation services	Not covered	Not covered	Charle with Charman Clahal Chaine Blan	
recovering or have	Habilitation services	Not covered	Not covered	Check with Chevron Global Choice Plan	
other special health needs	Skilled nursing care	Not covered	Not covered	(Expatriates in the US) for coverage information.	
	Durable medical equipment	Not covered	Not covered	information.	
	Hospice services	Not covered	Not covered		
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Check with your vision program for eye	
	Children's glasses	Not covered	Not covered	care coverage information and your dental	
	Children's dental check-up	Not covered	Not covered	plan for coverage of dental services.	

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#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Cosmetic surgery
- Dental care (Adult or Child)
- Durable Medical Equipment
- Hearing aids
- Home health care
- Hospice service

- Imaging (CT/PET scans, MRIs)
- Infertility treatment
- Long-term care
- Medical rehabilitation services
- Outpatient prescription drugs
- Outpatient surgery
- Pregnancy care and services
- Private-duty nursing
- Preventive care/screening/immunization

- Psychological testing unless used to diagnose a mental health disorder or when given in conjunction with a diagnosed psychiatric disorder
- Routine eye care (Adult or Child)
- Routine foot care
- Skilled nursing care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.coms.gov/cciio/Resources/Consumer-Assistance-Grants/">www.dol.gov/ebsa/healthreform</a>. A list of states with Consumer Assistance Programs is available at <a href="https://www.coms.gov/cciio/Resources/Consumer-Assistance-Grants/">www.dol.gov/ebsa/healthreform</a> and <a href="https://www.coms.gov/cciio/Resources/Consumer-Assistance-Grants/">https://www.coms.gov/cciio/Resources/Consumer-Assistance-Grants/</a>.

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## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? No.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-825-5247.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-825-5247.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-825-5247.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-825-5247.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Examp	ple Cost	\$12,700
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**In this example, Peg would pay:** (This condition is not covered, so patient pays 100 percent)

Cost Sharing	,		
Deductibles	\$0		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$12,700		
The total Peg would pay is	\$12,700		

## **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400
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# **In this example, Joe would pay:** (This condition is not covered, so patient pays 100 percent)

Cost Sharing		
Deductibles	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$7,400	
The total Joe would pay is	\$7,400	

### **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist coinsurance	0%
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
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# **In this example, Mia would pay:** (This condition is not covered, so patient pays 100 percent)

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$1,900
The total Mia would pay is	\$1,900