



Chevron's Caregiving Resources

Your Life.



Reminder: Employees Have Access to Free Elder or Adult Care Management Services

Did you know that Chevron employees have access to up to six free hours of elder or adult care management services annually through the LifeWorks program? By calling LifeWorks at 1-800-635-0606, you can speak with a trained professional who can help you understand and use services including:

- In-person assessment of an adult's or older relative's situation and options for services, products or a change in residence, if needed.
- Check-in services, by telephone or in-person, to keep an eye on your relative's condition and care no matter where he or she lives in the United States.
- Help with managing the different services and products your relative may be using or to arrange for new services.
- Onsite reviews of nursing homes and assisted living to help you compare and choose facilities.
- Assistance from professional care managers to help you better understand bills and insurance, provide support with family meetings, and attend visits at nursing homes, hospitals or with doctors.
- In-home respite care to provide time off for family members who care for an adult or older relative.

Get More Information

Contact LifeWorks at 1-800-635-0606 and ask to speak to an elder care specialist. More information may be found on the U.S. Human Resources [Elder Care website](#).

You may also contact Chevron's Employee Assistance and WorkLife Services for assistance with a variety of issues such as family or relationship concerns, personal or emotional difficulties: CTN 925-842-3333 or 1-800-860-8205.