



Free Online Mental Health Screening

Your Life.

Chevron provides you and members of your family with a free, anonymous and confidential [online screening](#) for depression (and other mental health screening assessments). **Chevron's Employee Assistance WorkLife Services** provides this assessment to help employees better understand and identify depression and other mental health issues, and learn where and how they can get additional help.

The online assessment is confidential, takes just a few minutes and you will receive immediate results. The test is not diagnostic and doesn't take the place of a medical appointment, but the assessment can tell you if your symptoms are consistent with the treatable illness of depression.

As a reminder, Chevron's [Employee Assistance and WorkLife Services](#) is available for support and assistance for a broad range of personal and work related concerns or problems. It's a service that you or any Chevron family member can use. They can be reached 24 hours a day at CTN 842-3333 or 1-925-842-3333