



Choose Health, Make Good Things Happen

How can you choose health at Chevron in 2016?

Your Health.

Start by understanding your health risks. Take 15 minutes and complete your [voluntary health questionnaire](#), even if you've taken it before. You can do it from a computer or smart phone. And you'll receive a wellness score with a suggested plan of action.

[Health rewards](#) are back again. Each time you complete a qualifying activity you'll earn points toward health rewards.* Accumulate 250 points by October 28, 2016, to qualify for health rewards. In 2016, the health reward is a \$250 [Wellness Credit](#) added to your [Health Care Spending Account](#) on January 1, 2017.**

Good for You

The health questionnaire is voluntary, but you'll automatically receive points toward health rewards when you complete it.

50

Earn **50 points** if you took the voluntary health questionnaire in 2015 *and* you take it again in 2016.

25

Earn **25 points** when you take the voluntary health questionnaire for the *first* time.

There are many other qualifying activities to choose from.
Go to hr2.chevron.com/wellness to see more.

Good for others.

If you complete the voluntary health questionnaire by **March 31, 2016**, you can help protect the health of someone in need. For each of the first 2,500 questionnaires completed by March 31, Chevron will donate a health screening to a community-based organization that provides free screenings.

Choose health, starting today. Go to hr2.chevron.com/wellness for details about health rewards including [eligibility rules](#) and a list of [qualifying activities](#).

*U.S.-payroll employees who are eligible for Chevron's health plans can qualify for health rewards. In addition you must still be an eligible employee on January 1, 2017, to receive the health rewards. The health questionnaire is completely voluntary. Only you, WebMD, Chevron health care plans, and certain third party health care plan vendors will have access to your individual health questionnaire results. Go to hr2.chevron.com/wellness for details about health rewards including eligibility rules and a list of qualifying activities.

**If you enroll in the High Deductible Health Plan (HDHP) and you meet the requirements to qualify for health rewards, your Wellness Credit will be deposited into a Limited Purpose Health Care Spending Account (LHCSA) on January 1, 2017, as long as you're still eligible. The LHCSA may only be used to pay for eligible dental and vision expenses you incur between January 1 and December 31, 2017.