



# Time is Running Out

The deadline to complete health rewards is October 31.  
Your Health.



The choices you make every day about diet, exercise and tobacco matter. Chevron offers a health reward opportunity to recognize your personal commitment to get and stay healthy. The deadline is almost here. If you want to qualify for health rewards, you need to take the health questionnaire and earn 250 points before October 31, 2015. It's too late to start some of the long-term qualifying activities, but there are others that you can still complete before October 31 to receive points.

- Take the [voluntary health questionnaire](#) if you haven't already done so. Remember, the health questionnaire opens the door to earning points toward health rewards for 2015.
- [Complete qualifying activities](#) to earn 250 points before October 31.
- [Check your points status here.](#)

Go to [hr2.chevron.com/wellness](http://hr2.chevron.com/wellness) and choose the **Health Rewards** link to review full program details, eligibility requirements, qualifying activities, frequently asked questions or to check your points balance.

## What are the health rewards this year?

Each time you choose a healthy lifestyle option and complete a qualifying wellness activity, you'll earn points. Complete the [voluntary health questionnaire](#) and earn 250 points before October 31, 2015, to qualify for the health rewards. This year, rewards include a \$250 [Wellness Credit](#) added to your Health Care Spending Account on January 1, 2016. You'll also be entered in a drawing for a [chance to win free medical premiums](#) for all of 2016 for you and your eligible dependents.\*

## Are You Enrolled in the High Deductible Health Plan?

If you are enrolled in the [High Deductible Health Plan \(HDHP\)](#) and you meet the requirements to qualify for health rewards, a **Limited Purpose Health Care Spending Account (LHCSA)** will automatically be established for you. This is because you are not allowed to participate in the HCSA if you are enrolled in the HDHP. Your Wellness Credit will be deposited into your LHCSA on January 1, 2016, as long as you're still eligible. The LHCSA may only be used to pay for eligible *dental* and *vision* expenses you incur between January 1, 2016 and December 31, 2016. You'll receive a separate special purpose debit card to use to pay for eligible expenses.

*\* Health rewards are available only to U.S.-payroll employees who are eligible for Chevron's health plans. You must meet certain eligibility requirements to participate or qualify for rewards, and program rules apply. In addition, you must still be an eligible employee on January 1, 2015, to receive health rewards. Your participation in this program is voluntary and confidential. Go to [hr2.chevron.com/wellness](http://hr2.chevron.com/wellness) for details about health rewards including eligibility rules and a list of qualifying activities.*