

shanice's journey

how chevron's mental health benefits and the rethink service create a well-rounded treatment solution

Shanice has recently been diagnosed with Autism Spectrum Disorder (ASD). Her parents are overwhelmed and need help coping with this new diagnosis.



Shanice's parents use Rethink to track her progress automatically via their smartphones and share it with care team in real time.

Shanice's therapist suggest skills for the family to focus on. Shanice's parents use the Rethink online lessons to train family and caregivers on how to help Shanice with these skills.

The family adds Shanice's ABA therapist, doctor and teacher to her Rethink care team to ensure everyone is on the same page.

Beacon Health Options completes the initial review of the case and allocates a quantity of ABA therapy services under the MHSA Plan. Beacon Health Options assists Shanice's parents with locating licensed and certified providers in the MHSA Plan's network.

The Chevron Mental Health and Substance Abuse (MHSA) Plan currently includes coverage for Applied Behavior Analysis (ABA) treatment for an ASD diagnosis. Shanice's parents call Beacon Health Options to obtain pre-certification for ABA treatment.

Shanice's parents also consult with a Rethink clinician online to get guidance on first steps and setting up a home-based program while they wait for ABA pre-certification.

A Rethink online webinar helps Shanice's parents address her social skills needs.