

# where to begin for maria?

how the rethink service helps a mother organize a plan of action.

Kristy is a working mother of 3 children. Her youngest daughter, Maria, is diagnosed with Intellectual Disability. Kristy isn't sure where to begin. She was given a list of places to call but needs help getting organized, support, and someone to talk with about how to best help her daughter.

Maria's  
Diagnosis

Kristy contacts Rethink and speaks with a behavioral health expert with experience supporting individuals with intellectual and developmental disabilities. Kristy not only receives guidance, but also someone to listen to her concerns.

Rethink  
Consultation

During the consultation, Kristy receives suggestions about lessons to begin working on while awaiting direct services for Maria. Kristy goes online to Rethink to watch easy-to-follow videos from an expansive library depicting behavior experts and educators teaching children a variety of important skills.

Web-Based  
Training  
Tools

In the evening, Maria's mom reaches out to other parents on the Rethink platform for support and encouragement.

Parent Peer  
Support Forum

