



your health

know your cost planning for your 2018 health expenses

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Reviewing monthly premium costs and annual deductible amounts are an important first step when comparing your medical plan choices for 2018. But it's also important to understand your typical health expenses to get a more complete picture of your health care needs.

the know your cost tool can help

Know Your Cost, powered by **Castlight**, is your personalized healthcare assistant. This tool is available to current Medical PPO, High Deductible Health Plan (HDHP), and HDHP Basic participants when you log in to the Anthem website. Consider using the tool in preparation for open enrollment to help you:



See how much you spent in 2017

Review your medical claims to date. Knowing how much you spent in 2017 can help you make benefit decisions for 2018.



Stay ahead of your 2018 expenses

Planning medical care next year? Use the tool to compare procedure cost estimates for doctors and hospitals in the Anthem network. This information can help you make educated decisions about saving toward out-of-pocket health costs for 2018.



Understand how your current plan works

Review your current plan phase, see past bills in an easy-to-read format, identify where you spent too much out-of-pocket, and learn about tips for saving money on health care.

how to get started

Go to anthem.com/ca and log in.

If this is your first time to access the Anthem website, you must register first. You'll need some of the information from your ID card to do this step.

Click **Know Your Cost** from the home page.

You can find a link on the top or right-side navigation bars.

Answer basic questions to link your account.

The first time you access the Castlight Know Your Cost tool, you'll need to answer some basic questions to confirm your account. You won't need to do this step on subsequent visits.

